# ARUMUGAM PILLAI SETHAI AMMAL COLLEGE, TIRUPPATTUR

### CAPACITY DEVELOPMENT AND SKILLS ENHANCEMENT ACTIVITIES - 2022-23

Programmes /activities conducted to enhance soft skills, Language and communication skills, and Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)

2022-23	DEVLOPING SOFT SKILLS AND PERSONALITY	25.7.2022	4	NPTEL, IIT MADRAS, IC & SR, 3rd floor IIT Madras Chennai - 600036 Tel: (044) 2257 5905; (044) 2257 5908, 9363218521
2022-23	ONE DAY WORKSHOP ON INTERPERSONAL SKILLS	03.09.2022.	11 5	SEE Change Consultant, Chennai
2022-23	THREE DAYS WORKSHOP ON EXPLORING INNER POTENTIAL SKILLS	15.03.2023 to 17.03.2023	15 0	Heartfulness Institute, Karaikudi, SIVAGANGAI.



PRINCIPAL

\*UNUGAN PLLAI SETTIAN ANNAL COLLEGE

TIRUPPATTUR-838 211

SIVAGANGAI DIST

Certified Documents from Page no.1 to Page no.193



# NPTEL Online Certification



(Funded by the MoE, Govt. of India)

This certificate is awarded to

#### **AFSHAAN FATHIMA S**

for successfully completing the course

### **Developing Soft Skills and Personality**

with a consolidated score of

Online Assignments | 19.58/25 | Proctored Exam

50

30/75

Total number of candidates certified in this course: 9572

Prof. B. V. Ratish Kumar Chairman, Centre for Continuing Education IIT Kanpur

Jul-Sep 2022 (8 week course) Prof. Satyaki Roy NPTEL Coordinator IIT Kanpur



Indian Institute of Technology Kanpur

Roll No: NPTEL22HS77S23280318

To validate the certificate



No. of credits recommended: 2 or 3



# Online Certification





This certificate is awarded to

J AJAY ATHIS

for successfully completing the course

#### **Developing Soft Skills and Personality**

with a consolidated score of

Online Assignments

20.5/25 Proctored Exam

56

35.06/75

Total number of candidates certified in this course: 9572

Prof. B. V. Ratish Kumar Chairman, Centre for Continuing Education IIT Kanpur

Jul-Sep 2022 (8 week course) Prof. Satyaki Roy



Indian Institute of Technology Kanpur

Roll No: NPTEL22HS77S23280321

To validate the certificate



No. of credits recommended: 2 or 3



# NPTEL Online Certification



(Funded by the MoE, Govt. of India)

This certificate is awarded to

#### **DHANUSRI C**

for successfully completing the course

### **Developing Soft Skills and Personality**

with a consolidated score of 58

Online Assignments | 22.67/25 | Proctored Exam | 34.94/75

Total number of candidates certified in this course: 9572

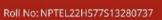
Prof. B. V. Ratish Kumar Chairman, Centre for Continuing Education IIT Kanpur

Jul-Sep 2022 (8 week course) Prof. Satyaki Roy **NPTEL Coordinator** IIT Kanpur



Indian Institute of Technology Kanpur

No. of credits recommended: 2 or 3



To validate the certificate





# Certification

(Funded by the MoE, Govt. of India)



#### SHRIJANANI GANESAN

for successfully completing the course

### Introduction to Abstract and Linear Algebra

with a consolidated score of

45

Online Assignments | 11.67/25 | Proctored Exam

33/75

Total number of candidates certified in this course: 804

Jul-Sep 2022 (8 week course) Prof. Debjani Chakraborty Coordinator, NPTEL IIT Kharagpur



Indian Institute of Technology Kharagpur

No. of credits recommended: 2 or 3

Roll No: NPTEL22MA78S23280353

To validate the certificate

#### YOGA AND MEDITATION CLUB

# WORKSHOP ON INTERPERSONALITY SKILLS

Meditation is one indispensable for every human being. It sacks stress and boosts brain function. Students who meditate accomplish better result in college and hold education more competently. Further, it rises in the intelligence quotient level of the student, improving intellectual function. Yoga and Meditation Club organized one day workshop on Interpersonal Skills to 115 students on 03.09.2022.

IQAC Co-ordinator Dr. N. Vijayanand, gave the welcome address. Mr. P. Kumar Zonal Co-ordinator, Mr. S. Prakash, Regional Facilitator, Heartfulness Institute, CEO of SEE Change Consultant, Chennai was the Resource Person. In his speech, he gave a birds eye view on importance and culminating the interpersonal skills. By improving the skills, students will be able to empower the good health, improve the mental hygiene, assimilation of moral ethics and accomplish the advanced level of consciousness.



Special address by Resource Person

He also pointed out that yoga and meditation are antique methods practiced in India for the improvement of both Physical , Mental & Intellectual health. Meditation and breathing can support progress of a person's mental wellbeing. He expressed that heartful meditation practice creates cerebral clarity and calmness, upsurges body awareness, dismisses chronic stress patterns, relaxes the cognizance, refines concentration, encourages emotional health reduces negative feelings, increases self-esteem and self-awareness, and manages anxiety or depression.





**Meditation Session** 

# THREE DAYS WORKSHOP ON EXPLORING INNER POTENTIAL SKILLS

Yoga, Meditation, and Value Education Club organized three days workshop on Exploring Inner potential skills from 15<sup>th</sup> March 2023 to 17<sup>th</sup> March 2023. Dr. V. Nagarajan Assistant Professor of Commerce welcomed the chief Mr.C.Suthanantham Perceptor, Heartfulness Institute, Karaikudi, and Mrs. Latha Karthikeyan Heatfulness Centre Co-ordinator. objectives of the workshop were to empower the student to have good healthiness, to exercise mental hygiene, to keep demonstrative constancy, to assimilate moral ethics, to accomplish the advanced level of consciousness uncover and the hidden inner potential skills. 150 Students and 10 faculty members participated in the program.



Special Address by the Resource Person

Resource person gave an insight into inner potential skills that every person has to cultivate among themselves. Empathy, interpersonal skills conflict, Interpersonal skills, and resolution skills are some of the important skills that must be followed. Meditation and breathing can support progress of a person's mental wellbeing.



expressed that heartfulness meditation practice creates cerebral clarity and calmness; upsurges body awareness; dismisses chronic stress patterns; relaxes cognizance; refines concentration; Encourages emotional health reduces negative feelings, Increases self-esteem and self-awareness, and Manages anxiety or depression.







#### ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE

(Re-accredited with "B+" Grade by NAAC)





# **Capability Enhancement Scheme**

PATRON : Thiru N.ARUMUGARAJAN

Secretary, APSA College, Tiruppattur

PRESIDENT : Dr.(Capt).KR.JEYAKUMAR

Principal, APSA College, Tiruppattur

RESOURCE PERSON : Mr. P. ARUN KUMAR,

**Senior faculty** 

**TCPS** Computer education, Tiruppattur

Topic : Training program on Adobe photoshop

DATE	VENUE	TIME
30.03.2022	Botany Laboratory	10.30 AM-12.00 NOON

# Organized by

## Capability enhancement cell

Dr.M.Ramachandran : Convener

Dr. C.Kanagasudha : Co-Convener

Dr.M.Arunadevi : Member

Dr.R.Sanjeevi : Member

Mrs.S.Uma : Member

All are cordially invited



#### ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE



(Re-accredited with "B+" Grade by NAAC)

Tiruppattur – 630 211. Sivagangai District.

# **Capability Enhancement cell**

**PROGRAMME** 

Prayer

Welcome Address Dr.M.Ramachandran, Assistant Professor of Physics

Introduction of Chief Guest Mrs.S.Uma, Assistant Professor Mathematics.

Presidential Address Dr. (Captain) KR.Jeyakumar M.A., M.Phil., Ph.D.,

Principal, A.P.S.A. College.

Key note Address Mr. P.Arun Kumar,

Senior faculty, TCPS computer education, Tiruppattur

Topic "Training Program on Adobe Photoshop"

Vote of Thanks Dr. C.Kanagasudha, Assistant Professor of English

"The pleasantness of an employment does not always evince its propriety".

- jane Austein.

# ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE THIRUPPATHUR CAPABILITY ENHANCEMENT CELL TRAINING PROGRAMME ON ADOBE PHOTOSHOPING

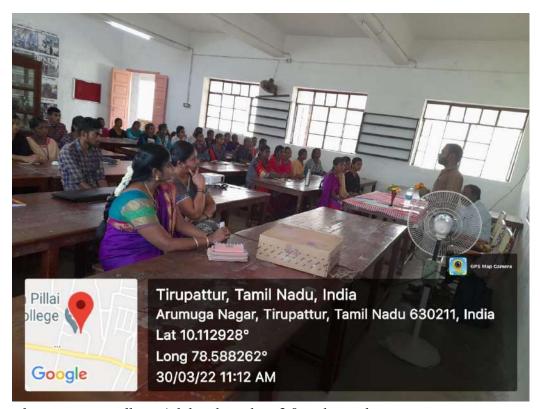
Capability Enhancement Cell of Arumugam Pillai Seethai Ammal College conducted Capability Enhancement training program on Adobe Photoshop 3.0 on 30<sup>th</sup> March 2022 in Botany laboratory at 10:30 AM to 1:00 p.m. Dr.M. Ramachandran Convener of CEC delivered the welcome address. Dr. (Captain) KR.Jeya Kumar, Principal delivered the felicitation address. Mrs. Uma, member of CEC introduced the guest Mr. P. Arun Kumar, Senior faculty, TCPS Computer Education Thiruppathur. The objective of the training was enhancing the capabilities of students who were interested in computing and designing. Final year students were invited to be trained. Mr. P. Arun Kumar was the trainer, and he was invited because of his experience and intelligence of the Adobe Photoshop in training. He taught the objective, process, and benefits of the Adobe Photoshop 3.0. The colorful presentation of the training provoked the trainers mind to learn new things and he taught how to fix the pixels of a picture choice of colors and designing, students learned how to turn their ideas into an incredible job. Editing professional imaging, designing, transforming images and photos were taught. They were trained in versions of Photoshop 3.0 and magical designing. The trainer oriented the students to make money by their creativity. Dr. C Kanagasudha, member of CEC delivered the vote of thanks.

Prinicipal

(Capt)



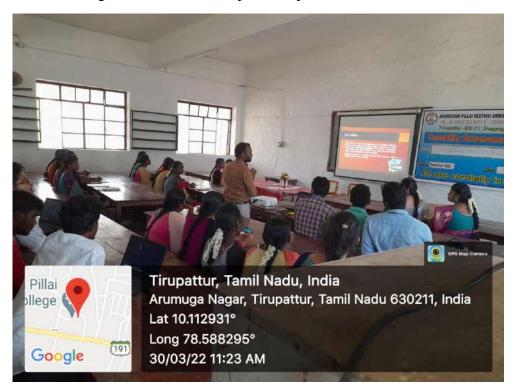
KR.Jeyakumar honored our chief guest Mr.P.Arunkumar TCPS computer Education with Dr.M.Ramachandran Convener.



Mr.P.Arunkumar gave a talk on Adobe photoshop 3.0 to the students.



Mr.P.Arunkumar gave a talk on Adobe photoshop 3.0 to the students.



Students were interacted with our Chief guest Mr.P.Arunkumar during the workshop on Adobe photoshop 3.0



Mr.P.Arunkumar gave a hands on training on Adobe photoshop 3.0 to the students Mr.P.Arunkumar



gave a hands on training on Adobe photoshop 3.0 to the students









# **World AIDS day - Drawing Competition.**

Drawing competition was arranged by the Red Ribbon Club, to commemorate the World AIDS day, to the students of Arumugam Pillai Seethai Ammal College on 06-12-2021. Eight students registered for this competition. The sole purpose for organzing such competition is to create and spread awareness among the public about the HIV. One needs to gather some basic information about the given topic before he/she participates in that competition. So organizing such drawing competition will encourage the students to know the basic about HIV/AIDS.

Minutes for RRC special meeting (2021-22)

Date: 03-12-2021

Agenda: World AIDS day - Drawing Competition

The meeting of RRC was held on 03.12.2021. The purpose is to arrange a drawing

competiton about HIV/AIDS to commemorate the World AIDS DAY. It was also decided

that the first three best drawings are eligible to receive gift/price from the RRC. Physics

Lab was chosen as the venue for this drawing competition since the working table in the

Physics Lab is wide enough to place all the needed materials for an artist.

Staff incharge:

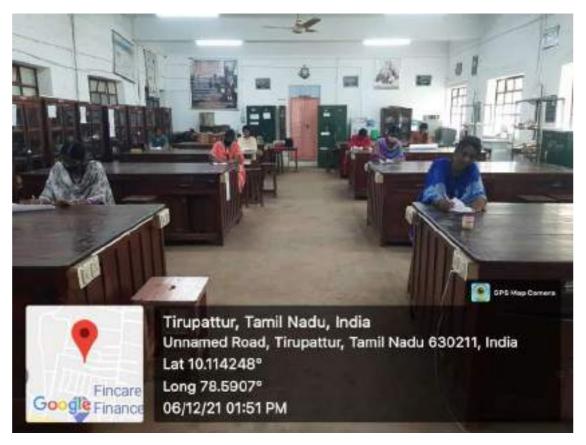
Dr. Y.B.Kannan (Convener)

Members:

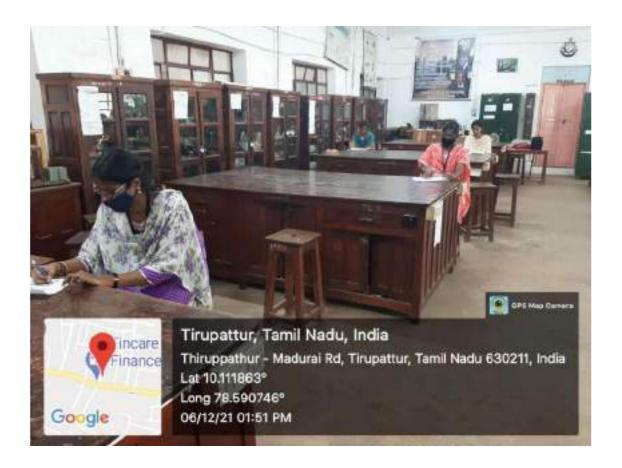
Dr. C. Umamaheshwari

Dr. M.Ilayaraja

Dr. Maria J. Adalin Monica







#### **Students Name list drawing competition**

S.Archana – I B.Sc., Maths

S.Saseena Parveen – I B.Sc., Maths

P.Kokila – I B.Sc., (CS).

J.Kanaga Durga – II B.A.(Eng.Lit)

K.Thilagavathi – II B.A.(Eng.Lit)

R.Radhika – I B.Sc., Maths

G.Keerthika – II B.A.(Eng.Lit)

M.Santha Meena – II B.A.(Eng.Lit)

# Result

I best draw: K.Thilagavathi – II B.A Eng.Lit

II best draw: S.Saseena Parveen – I B.Sc., Maths

III best draw: P.Kokila – I.B.Sc., Comp.Science.

Activities Report - 2020-21 - RRC APSAC



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\*UNUGAN PILA SEETIM ANNAL COLLEGE

TIRUPPATTUR-838 211

SIVAGANGAI DIST



## ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE TIRUPPATTUR





# **Quiz Competition – Conducted by TNSACS**

Tamil Nadu State Aids Control Society (TNSACS) conducted an online quiz competition for Red Ribbon Club students to create awareness on HIV/AIDS, STI, Voluntary Blood donation and COVID 19. RRC students from various colleges across Tamil Nadu were participated in the competition. The online quiz was conducted from 27<sup>th</sup> - 29<sup>th</sup> Jan.2021. the timings for this quiz is 11.00 A.M to 11.45 A.M. The link for the quiz was <a href="https://quiz.tnsacs.in/login">https://quiz.tnsacs.in/login</a>. The notification and the detailed guidelines for the online quiz competition were issued to POs of RRC, through the WhatsApp group concerned, two weeks before the competition. Eighty nine students from Arumugam Pillai Seethai Ammal College were participated in the state level quiz competition. One student received second price in second day of the quiz (Blood donation) and on the last day of the quiz (TB) one student got second prize and another student got third price.

Minutes for RRC special meeting (2020-21)

Date: 19.01.2021

Agenda: Quiz Competition - TNSACS

The meeting of RRC was held on 19.01.2021 to discuss the quiz competition which

was organized by TNSACS. In the meeting, the following decisions were made.

Maximum number of RRC volunteers should be encouraged to take part in the online

quiz competition, scheduled from  $27^{th} - 29^{th}$  Jan. 2021, organized by the Tamil Nadu State

AIDS Control Society (TNSACS) especially for the RRC volunteers across Tamil Nadu.

Staff incharge:

Dr. Y.B.Kannan (Convener)

Members:

Dr. C. Umamaheshwari

Dr. M.Ilayaraja

Dr. Maria J. Adalin Monica

19:58 A A





Tamil Nadu State AIDS Control Society, Chennal

# TERMS AND CONDITIONS FOR THE DISTRICT LEVEL ONLINE QUIZ COMPETETIONS

(TOPICS -HIV AWARENESS, BLOOD DONATION & TUBERCULOSIS)

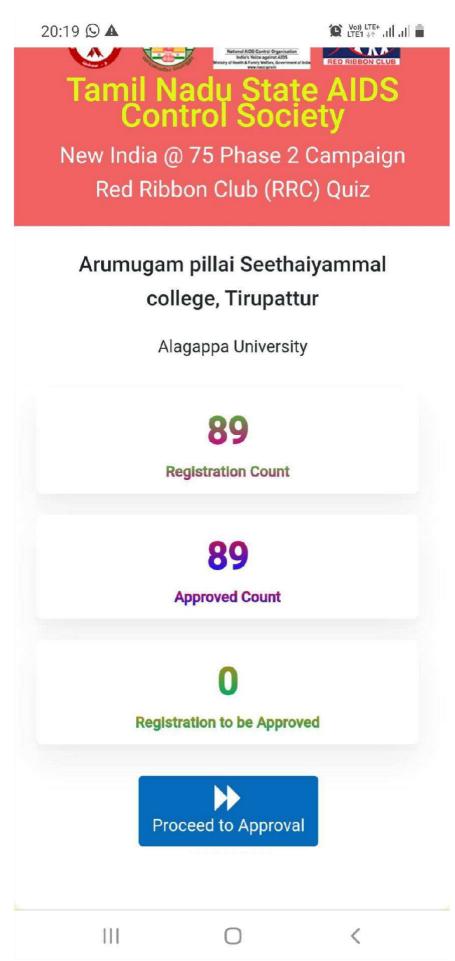
Date of the Competitions - 27<sup>th</sup> Jan, 28<sup>th</sup> Jan, & 29<sup>th</sup>
Jan 2022

- 13. The Quiz link quiz-newindiaat75.tnsacs.in will be available in TANSACS website. (www.tnsacs.in) for 3 topics (HIV Awareness, Blood Donation & Tuberculosis) on the respective days of the competitions. The participants can login to participate in the quiz only once anytime between 11.00 am till 11.45am. After 11.45am the link will be disabled.
- 14. Each student can participate only once in the quiz based on their registration and should choose answers for the Multiple Choice Questions (MCQ) within stipulated time duration only. The time bound online quiz shall have 30 MCQs questions to be attempted in 20 minutes and the time taken to complete the whole quiz shall be taken for deciding the top 3 winners.
- The Questions will be related to HIV/AIDS, Blood donation & Tuberculosis, Covid-19 and general awareness.
- 16. The organizers will not be held responsible for any interruption in the Network connectivity, power failure or other unforeseen adverse conditions that may happen at the registered participant's end.

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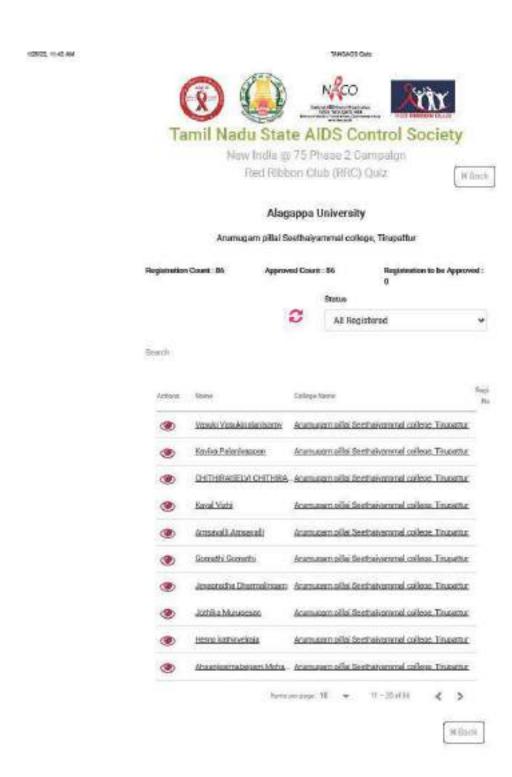
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Activities Report - 2020-21 - RRC APSAC

### List of students name participated in the quiz competition

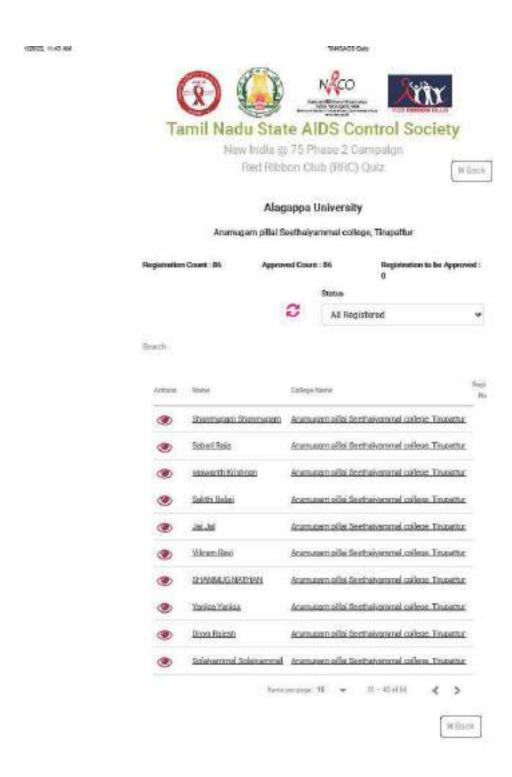


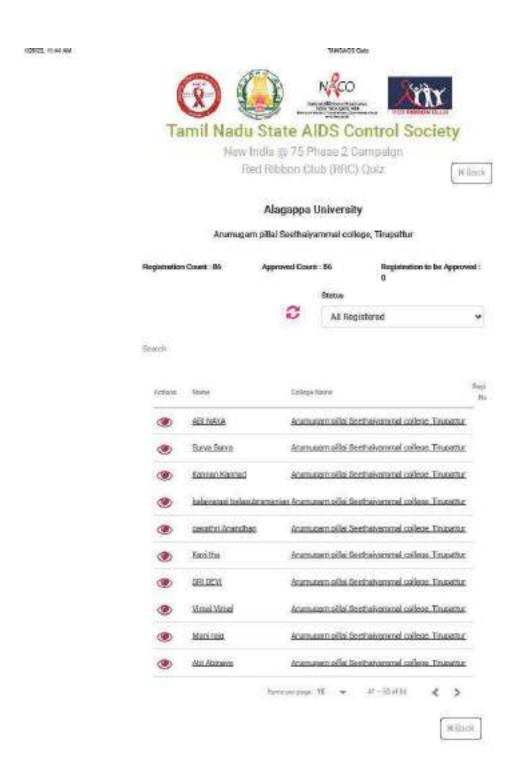


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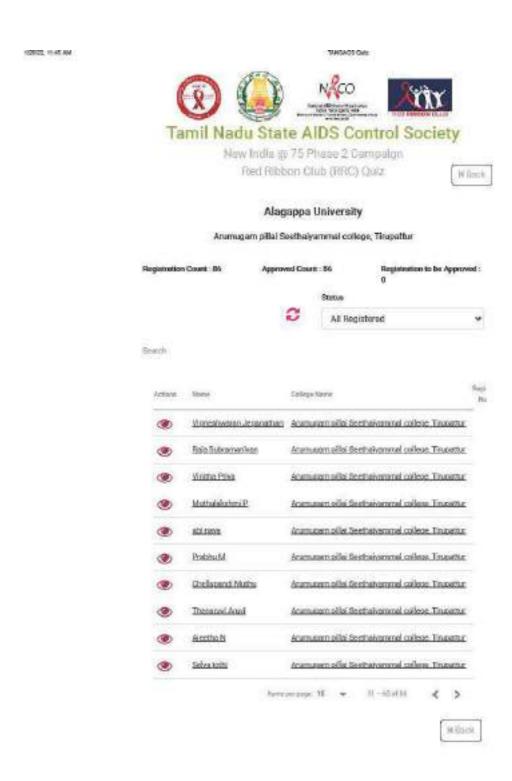


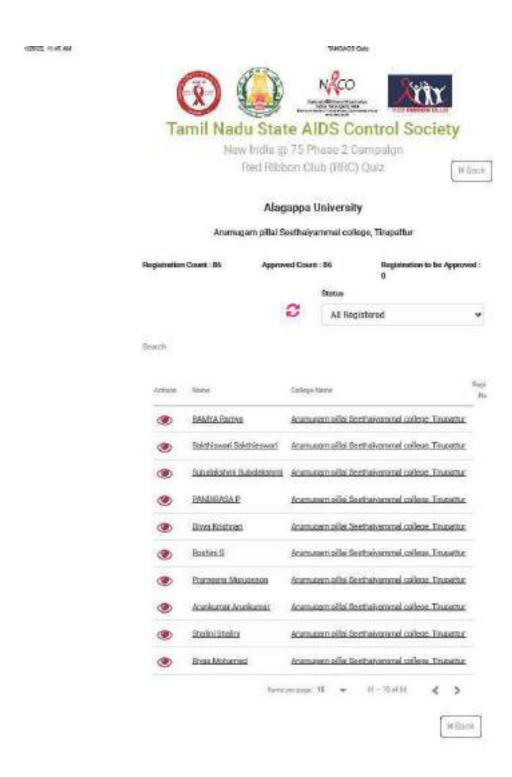
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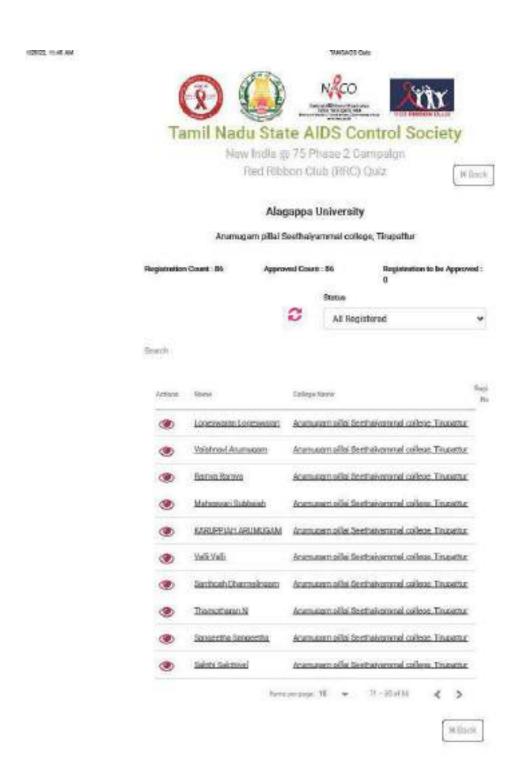




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### Certificates



Activities Report - 2020-21 - RRC APSAC

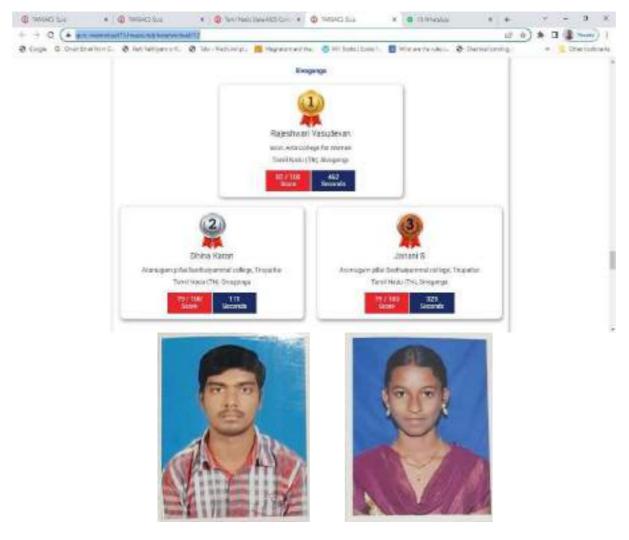


# **WINNERS**

# Result – Phase II - Day 2 – Blood Donation and Tuberculosis - Link.

https://quiz-newindiaat75.tnsacs.in/phasetwolead/12

Winners – Day 2 – Blood Donation



M.Dhinakaran

S.Janani



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PRINCIPAL

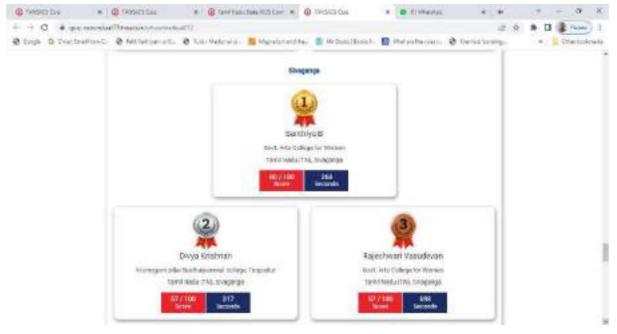
PRINCIPAL

SUNUGAN PLLA SEETNA ANNAL COLLEGE

TIRUPPATTUR-838 211

SIVAGANGAI DIST

### Winner - Day 3 - Tuberculosis





K. Divya



PRINCIPAL

\*\*UNUGAN PILA SEETIM ANNAL COLLEGE

TIRUPPATTUR-638 211

SIVAGANGAI DIST



RRC volunteer Selvan M.Dinakaran of III Physics receiving prize from Sivagangai Collector Mr.P.Madhusudhan Reddy.



PRINCIPAL

\*\*UNUGAN PLLAI SEETNAI ANNAL COLLEGE

TIRUPPATTUR-838 211

SIVAGANGAI DIST



# NPTEL Online Certification



(Funded by the MoE, Govt. of India)

This certificate is awarded to

# SASEENA PARVEEN

for successfully completing the course

# Introduction to Psychology

with a consolidated score of 41

Online Assignments

11/25

Proctored Exam

30/75

Total number of candidates certified in this course: 504

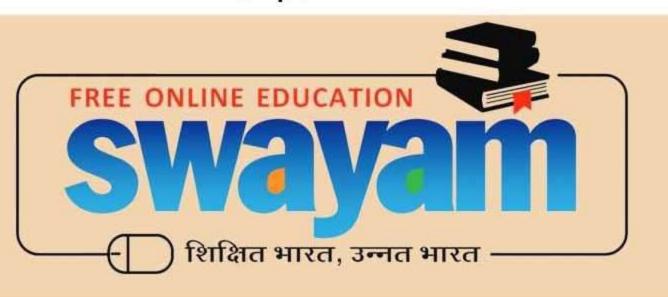
Prof. B. V. Ratish Kumar Chairman, Centre for Continuing Education

IIT Kanpur

**Jan-Mar 2022** (8 week course) **Prof. Satyaki Roy** NPTEL Coordinator IIT Kanpur



Indian Institute of Technology Kanpur





# NPTEL Online Certification



(Funded by the MoE, Govt. of India)

This certificate is awarded to

# SHRIJANANI GANESAN

for successfully completing the course

# **Multivariable Calculus**

with a consolidated score of 41

Online Assignments | 10.67/25 | Proctored Exam

30/75

Total number of candidates certified in this course: 76

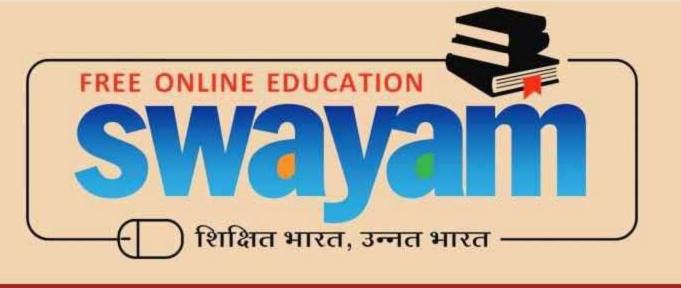
**Prof. Sanjeev Manhas** Coordinator, Continuing Education Centre IIT Roorkee

Jan-Mar 2022 (8 week course) Prof. Priti Maheshwari

NPTEL Coordinator IIT Roorkee



Indian Institute of Technology Roorkee





# NPTEL Online Certification



(Funded by the MoE, Govt. of India)

This certificate is awarded to

## MUTHUMANIKANDAN

for successfully completing the course

## **Emotional Intelligence**

with a consolidated score of

45

%

Online Assignments

10/25

Proctored Exam

34.5/75

Total number of candidates certified in this course: 2872

Prof. Jayanta Mukhopadhyay

Dean Outreach
IIT Kharagpur

Jan-Mar 2022 (8 week course) Prof. Debjani Chakraborty

Coordinator, NPTEL IIT Kharagpur



Indian Institute of Technology Kharagpur



#### ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE

(Re-accredited with B+ Grade by NAAC)
TIRUPPATTUR, SIVAGANGAI (DT), TAMILNADU.

### One Day Training Programme on Eco Friendly Ideas for Women by (NSS - Unit: 35 - Girls Unit)

#### **REPORT**

National Service Scheme (Units:32) Arumugam Pillai Seethai Ammal College,
Thiruppattur was organized One Day Training Programme on Eco Friendly Ideas for Women A
Gateway for Intimate Hygiene on Thursday, 31<sup>st</sup> March 2022, 11.00 AM at Vasantha Arangam.

NSS – Unit 35 Girls student and all Second year Girls students (400) of our college who took
part in this meeting.

The meeting was commenced by the arrival of Chief guest. There was welcome address by Dr. S. Marikkannu, NSS Officer. Then followed by Presidential Address which was given by our principal Dr.(Capt.) KR. Jeyakumar. Felicitation address was given by Dr. A. Susaimanickam Vice Principal.

The Chief Guests was felicitated by our Principal and Vice-Principal. Principal and Vice-Principal are felicitated by our Chief Guests. Preamble of the Presentation was given by our Chief guest Acu Healer Salai Elavarasan.S., DASC. { Acu Puncturist} (F2 Team) on the topic of Eco Friendly Ideas for Women: A Gateway for Intimate Hygiene. Hands on Training was given by our another Chief guest Acu Healer N.Dhasliman kadheera B.A., B.Ed.,DASC, {Acu puncturist},- (F2 Team), Thirupputhur. All the participants are highly benifitted. The programme was ended with the vote of thanks by Selvi S. Afshaan Fathima II B.Sc. Chemistry and the event concluded.



#### ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE

(Re-accredited with B+ Grade by NAAC)
TIRUPPATTUR, SIVAGANGAI (DT), TAMILNADU.





Chief Patron Thiru. N. Arumugarajan, M.A. Secretory.

NSS Officer (Unit : 35-Girls Unit) Dr. S. Marikkannu

Department of Physics

Cordially invites you to the

Patron Dr.Capt. KR

Dr.Capt. KR. Jeyakumar Principal.

### One Day Training Programme on Eco Friendly Ideas for Women <u>A Gateway for Intimate Hygiene</u>

on Thursday, 31st March 2022, 11.00 AM at Vasantha Arangam.

Welcome address	Dr. S. Marikkannu NSS Officer (Unit : 35-Girls Unit)
Presidential address	Dr.(Capt.) KR. Jeyakumar Principal.
Felicitation address	Dr. A. Susaimanickam Vice Principal.
Preamble of the Presentation	Acu Healer Salai Elavarasan.S., DASC. { Acu Puncturist} (F2 Team) Devakottai
Hands on Training	Acu Healer N.Dhasliman kadheera B.A., B.Ed.,DASC. {Acu puncturist}- (F2 Team) Thirupputhur
Vote of Thanks	Selvi S. Afshaan Fathima II B.Sc. Chemistry.
National Anthem	ii b.oc. oneiliisti y.

#### **One Day Training Programme**

by

(NSS - Unit: 35 - Girls Unit)



Preample of the presentation was given by our Chief guest Acu Healer Salai Elavarasan.S., DASC. { Acu Puncturist} (F2 Team) on the topic of Eco Friendly Ideas for Women: A Gateway for Intimate Hygiene.





Hands on Training was given by our another Chief guest Acu Healer N.Dhasliman kadheera B.A., B.Ed., DASC, {Acu puncturist},- (F2 Team), Thirupputhur.



### **NPTEL Online Certification**



(Funded by the Ministry of HRD, Govt. of India)

This certificate is awarded to

#### TAMILARASAN

for successfully completing the course

#### Speaking Effectively

with a consolidated score of

%

Online Assignments | 16.96/25 | Proctored Exam

37.5/75

Total number of candidates certified in this course: 3145

Prof. G P Raja Sekhar Dean, Continuing Education

IIT Kharagpur

Jan-Mar 2021 (8 week course) Prof. Debjani Chakraborty Coordinator, NPTEL





Indian Institute of Technology Kharagpur



#### <u>ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE, TIRUPPATTUR.</u>

#### ASSOCIATION OF BUSINESS ADMINISTRATION

#### WE CORDIALLY INVITE YOU FOR THE SPECIAL LECTURE

ASSOCIATION OFFICE BEARERS

PROGRAM

CHIEF GUEST

PATRON Thiru N Arumugarajan, M.A. Secretary A.P.S.A. College

PRESIDENT

Dr.(Capt.)KR Jeyakumar, MA. MRA. MRA. PRO.

Principal

VICE PRESIDENT

WELCOME ADDRESS

Assistant professor

Dr.A.Vanitha.m.b.a.m.ph.i.ph.D. Thiru, VISWANATHAN

Corporate Trainer

VOICE Training and Research Pvt. Ltd

PRESIDENTIAL ADDRESS

(PAN India Partner of Cambridge Assessment English, U.K.) MADURAI

Dr. (Capt.) KR Jeyakumar MA, MRA, MRM, PAD.

Dr.A.Vanitha.waa.waw.ann.

Assistant professor

Principal

TOPIC "Soft Skill Development" ASSOCIATION SECRETARY Ms.M.Viti III BBA

FELICITATION

DATE &TIME: 06.02.2021-10.00 am

ASSOCIATION JOINT SECRETARY Mr.R.Manikandan II BBA

Dr.A. Susaimanickam, M.S., M.Phil., Ph.D. Vice-Principal

VENUE: SEMINAR HALL

CLASS REPRESENTATIVES

➤ Mr RM Arun Vikram III BBA ➤ Mr.R.Manikandan II BBA

➤ Ms. Yogeshwari A I BBA

VOTE OF THANKS

Ms. V. Subasree III. BBA

#### ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE, TIRUPATTUR Department of Business Administration

#### **Association Function Report – 2020-2021**

The Association of the Business Administration has organized the invited Lectures on 06.02.2021 in the Seminar Hall, Arumugam Pillai Seethai Ammal College., Tirupattur. The Chief guest of the function was Thiru.VISWANATHAN Corporate Trainer VOICE Training and Research Pvt., Ltd., (PAN India Partner of Cambridge Assessment English, U.K.) MADURAI. He has delivered an invited lecture on the topic "Soft Skill Development". In this topic he trained the students how to improve their self-confidence to succeed in their career and concluded that success comes to those who are sincere, hardworking, dedicated and committed to their goals.

Thiru.VISWANATHAN, with his own experiences, shed light on the various issues faced during various stages of Professional life & how to overcome them, which was received with applause by the students. The trainer also encouraged the Students to provide their information & expectations from the program at the beginning of the Training Program. He started the session with few activities like English Interaction and other activity Based learning. The trainer trained the students how to identify the differences between CV, resume and bio data. In the training program, the students were taught about some good etiquette to be

followed while attending interviews. Tips and guidelines for attending HR interview were also dealt in detail. Few frequently asked questions and the effective answers for those questions were discussed. Trainers also focused on what is group discussion, how to take part in group discussion, Dos and Don'ts in group discussion. The entire session was being very interactive; students took active part in understanding the topic. Students absorbed the information & shared their experiences on the issue. They had a lot of fun and the students enjoyed themselves very well. The Students had a nice time with him. The soft skill development program covered various aspects such as communication skills, professional etiquette, human values, interview, Group discussion and resume writing skills. It was an interactive session with activities. Students gave a positive feedback.

Association Vice President Dr.A.Vanitha, M.B.A., M.Phil., Ph.D., Assistant Professor, Department of Business Administration has delivered the welcome address. Dr.M.Muthukamu., Associate Professor and HOD has introduced the Chief Guest. Dr.A.Susaimanickam, Vice Principal, Arumugam Pillai Seethai Ammal College honors the Chief Guest and presided over the function. Ms.V.Subasree, III BBA student of the academic year 2018-2019 gave the vote of thanks.



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SIVAGANGAI DIST

## ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE (Re-accredited with 'B+' Grade by NAAC) TIRUPPATTUR

### DEPARTMENT OF BUSINESS ADMINISTRATION SPECIAL LECTURE

On Saturday 06.02.2021 at Seminar Hall, Time: 10.00 am to 1.00 pm

#### **AGENDA**

**Prayer** 

**Welcome address** : Dr.A. Vanitha.,

**Assistant Professor** 

**Honoring the Chief Guest** 

**Presidential Address**: Dr. (Capt.) KR.Jeyakumar.,

Principal

**Felicitation** : Dr.A.Susaimanickam

Vice-Principal

**Introduction of Chief Guest**: Dr.M.Muthukamu

Associate Professor & HOD

**Special Lecture** : Thiru.VISWANATHAN., Corporate Trainer

VOICE Training and Research Pvt., Ltd.,

(PAN India Partner of Cambridge

Assessment English, U.K.) MADURAI

**Vote of Thanks** : Ms.V.Subashree, III BBA

**National Anthem** 

## ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE, TIRUPATTUR Department of Business Administration Association Inaugural Function 2020-2021

An association Inaugural and Invited Lecture for the academic year 2020-2021 was organized on 06.02.2021

#### 1 - Dr.A.Susaimanickam, Vice Princiapal, delivered the Presidential address



2 - Chief guest addressing the students





**3 - Chief Guest engaging in student activities** 



#### 4 – Question time



5 - Ms.V.Subashree Delivering the vote of thanks



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## ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE, (Re-accredited with B+ Grade by NAAC) THIRUPPATHUR. MATHEMATICS ASSOCIATION (U.G & P.G)

INVITED LECTURE

Date: 18.02.2021 Time: 11.00 a.m. Venue: CONFERENCE HALL

Patron : Thiru. N. ARUMUGARAJAN, M.A.,

Secretary

Arumugam Pillai Seethai Ammal College.

President : Dr. KR. JEYAKUMAR, M.A., M.B.A., M.Ed., M.Phil., Ph.D.

Principal

Arumugam Pillai Seethai Ammal College

Vice president : Dr.A.BALASUBRAMANIAN M.Sc., M.Phil., Ph.D.,

**Associate Professor of Mathematics** 

Arumugam Pillai Seethai Ammal College

Chief guest : A. UMAR BAROOK M.A

Principal Oxford English Academy

Soft Skill & English, Trainer DDu – GKY

Thiruppathur

Topic : EXPLORING YOUR EMOTIONAL INTELLIGENCE

**Office Bearers** 

Secretary : R.Devika- II M.Sc., Joint Secretary : V.Somu- Ill B.Sc.,

Class Representatives : K. Riswana Barveen - I M.Sc.,

B.Nathiya - III B.Sc.,

M.Sasiyogeshwari – II B.Sc., J.Vigneshwari – I B.Sc.,

ALL ARE CORDIALLY INVITED



#### ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE,

(Re-accredited with B+ Grade by NAAC)

THIRUPPATHUR.

MATHEMATICS ASSOCIATION (U.G & P.G)

#### INVITED LECTURE

Date: 18.02.2021 Time: 11.00 a.m. Venue: CONFERENCE HALL

AGENDA

PRAYER

WELCOME ADDRESS : R.DEVIKA – II M.Sc.,

PRESIDENTIAL ADDRESS : Dr.KR.JEYAKUMAR, M.A., M.B.A., M.Ed.,

M.Phil., Ph.D.,

Principal,

Arumugam Pillai Seethai Ammal College.

HONORING THE CHIEF GUEST : Tmt.L.A.SUKANYA, M.Sc. B.Ed., M.Phil.,

Associate Professor & HOD of Mathematics,

HONORING THE PRINCIPAL : Dr.A.BALASUBRAMANIAN, M.Sc. M.Phil.,Ph.D.,

Associate Professor of Mathematics.

INVITED LECTURE :A.UMAR BAROOK M.A

Principal Oxford English Academy

Soft Skill & English, Trainer DDU-GKY

Thiruppathur

VOTE OF THANKS : R.LAKSHMI - III B.Sc.,

## ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE, (Re-accredited with B+ Grade by NAAC) THIRUPPATHUR. MATHEMATICS ASSOCIATION (U.G & P.G)

#### **Report on Invited Lecture 2020-20201**

Invited Lecture was held on 18.02.2021 at Arumugam Pillai Seethai Ammal College Seminar Hall. Principal Captain. Dr.K.R.Jeyakumar, delivered the Presidential address R.Devika -II M.Sc welcomed our college Principal, faculty members and students. Mrs.L.A.Sukanya HOD of Mathematics honored the Chief Guest. Dr.A.Balasubramanian Associate Professor of Maths honored the Principal. The Chief Guest Mr.A.UMAR BAROOK M.A, Principal Oxford English Academy Soft Skill & English, Trainer DDU – GKY, Thiruppathur delivered an enlightening and thought provoking lecture on "EXPLORING YOUR EMOTIONAL INTELLIGENCE". In this talk he addressed to the participants with the emotional intelligence of expectation thinking and explained how to treat people in our lives. He emphasizes that the student should look at your own situation and conducts a self-assessment of the investigation to effectively and positively handle the stressful situation of that environment. Furthermore, he suggested that with the good relations that exist between our good social relations, we should take measures that are responsible for our life situations, for the good

behavior of our emotional and environmental environment. In this situation we will not go for any wrongdoing and smooth relationship for the benefit of the social environment.

Look at your work environment. ...

Do self-assessment. ...

Investigate how you react to stressful situations. ...

Take responsibility for your actions. ...

Investigate how your actions affect others - before you take those actions.

R..Lakshmi -III BSc Maths delivered the vote of thanks. She concluded that the lecture is an innovative and inspiring one for the students.



## ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE, (Re-accredited with B+ Grade by NAAC) THIRUPPATHUR. DEPARTMENT OF MATHEMATICS



R.Devika –II M.Sc welcoming the Chief Guest, Principal, Faculty Members and Students.



Mrs.L.A.Sukanya HOD Of Mathematics honoring the Chief Guest.



Dr.A.Balasubramanian Associate Professor Of Maths honoring the Principal.



The Chief Guest delivering the lecture on EXPLORING YOUR EMOTIONAL INTELLIGENCE.



• Students listening to the lecture.

#### ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE, (Re-accredited with B+ Grade by NAAC) THIRUPPATHUR.

MATHEMATICS ASSOCIATION (U.G & P.G)

Date: 18.02.2021

Time: 11.00 a.m. Venue: CONFERENCE HALL

ATTENDANCE SHEET

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#### **ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE**

(Re-accredited with B+ Grade by NAAC)
TIRUPPATTUR, SIVAGANGAI (DT), TAMILNADU.



#### YOUTH RED CROSS AND VASAN EYE CARE KARAIKUDI

**"EYE CAMP - 2021"** 

**Date:** 19th February 2021 **Time:** 10.00 AM

Venue: Conference Hall

Patron: Thiru. N. ARUMUGARAJAN, M.A.,

SECRETARY,

Arumugam Pillai SeethaiAmmal College.

President: Dr. KR. JEYAKUMAR, M.A., M.Phil., Ph.D.

PRINCIPAL,

Arumugam Pillai Seethai Ammal College.

Vice president: Mr.N.Sekar

Assistant Professor of Mathematics.

Chief guest: Mr. R. Vetriselvan, Kariakudi Branch Manager, Vasan Eye Care

Invocation: Mr. Pitchaikani, Public Relation Officer,

VASAN EYE CARE TEAM

ALL ARE CORDIALLY INVITED



## ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE, (Re-accredited with B+ Grade by NAAC) THIRUPPATHUR. YOUTH RED CROSS AND VASAN EYE CARE KARAIKUDI

**"EYE CAMP - 2021"** 

**Date:** 19th February 2021 **Time:** 10.00 AM

Venue: Conference Hall

#### AGENDA

**PRAYER** 

WELCOME ADDRESS: Mr N.SEKAR Assistant Professor of Mathematics.

PRESIDENTIAL ADDRESS:

Dr.KR.JEYAKUMAR.,M.B.A.,M.Ed.,M.Phil.,Ph.D.,

**PRINCIPAL** 

Arumugam Pillai SeethaiAmmal College

Felicitation Address: Dr. M. Lakshimekala, Assistant Professor of Economics

**VOTE OF THANKS:** Dr. M. Illayaraja, Assistant Professor of Chemistry,

Arumugam Pillai SeethaiAmmal College

ALL ARE CORDIALLY INVITED

## ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE THIRUPPATHUR YOUTH RED CROSS

#### DETAIL PROGRAMME REPORT

In the pandemic situation, students were exposed to digital screens for their academic and other activity. There was lot of time for the students in their home to use the electronic gadgets particularly smart phone. Students may be vulnerable to certain eye infections such as corneal abrasions, cornea tear, mask induced dry eye, blurred vision, persistent eye rubbing etc., In particular, prolonged exposure of digital devices can cause computer eye syndrome or digital eye strain to the students. In this connection, we planned to organize eye camp to our students and also to disseminate an awareness regarding eye infections caused due to prolonged usage of electronic devices.

Youth Red Cross of our college and Vasan Eye Care, Managiri, Karaikudi jointly organized one day eye camp in our college on 19.02.2021. Thiru N. Arumugarajan, Secretary of our college inaugurated the camp and Dr. (Capt). KR. Jeyakumar presided and gave felicitation address. Mr. R. Vetriselvan, Kariakudi Branch Manager, Vasan Eye Care and Pitchaikani, Public Relation Officer participated in the programme. Youth Red Cross Convener Mr. N.Sekar and members Dr. M. Illayaraja, Assistant Professor of Chemistry, Dr. M. Lakshimekala, Assistant Professor of Economics, Dr. B. Marisamy, Assistant Professor of Commerce and Dr. M. SatheeshPandian, Assistant Professor of Economics organized the eye camp. 616 first year students actively participated in the programme. AR Vision test and Vision Chart test were checked for all the students by a team of opthamalogist. Among the 616 students, 108 student's eyes were found to be defective. Students were advised by the team of opthamalogist and optometrist regarding the preventive measures for eye protection. For defective students, doctors insisted them to have a thorough check up and go for treatment as early as possible in order to prevent the infection spread. Finally, Dr. M. Illayaraja, Assistant Professor of Chemistry proposed Vote of Thanks and finally the programme ended with national anthem.



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Students Registration for Eye Camp at APSA College Main campus.



Our secretary and YRC team members on 19-02-2021



Students conduct Eye test



Eye glass distribution in the Eye Camp.





### ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE TIRUPPATTUR. — 630 211. COMMERCE ASSOCIATION (UG & PG) 2020 – 2021.

**Patron** 

Thiru N. ARUMUGARAJAN M.A.,.,

Secretary, APSA College

**President** 

Dr.Capt.KR.JEYAKUMAR, M.A. M.Phil., Ph.D.,

Principal APSA College

H.O.D

Thiru.R.MARIAPPAN .M.COM ,M.Phil.,

Associate Professor & HOD of Commerce, APSA College.

VICE PRESIDENT

**Dr.S.AMUTHA** 

Assistant prof.of commerce

**SECRETARY** 

N.SURYAPRAKASH II M.COM G. VSANTHAKUMAR III B.Com 'B'

JOINT SECRETARY

K. DHINESH III B.Com 'A'

REPRESENTATIVES

C.ABIRAMI II M.COM

R.RAMACHANDRAN I M.COM

A.THENMOZHI I M.COM

K.ANEES FATHIMA III B.Com A

M. UMA III B.Com B

A.MOHAMED ROYS II B.Com A

S.ABINAYASRI II B.Com A

N.RUJUL II B.Com B

S.THAIYALNAYAKI II B.Com B

S.HARIHARAN I B.Com A

C.DHANUSRI I B.Com A

R.V. VENKATESH I B.Com B

K.SHALINI I B.Com B

**INVITATION** 

Date: 04-03-2021

The Department of Commerce cordially invites you for the INAUGURAL FUNCTION of TRAINING FOR STRESS MANAGEMENT

TECHNIQUES to be held in Seminar Hall on Wednesday 04thMarch, 2021

at.10.30 am.

**PROGRAMME** 

**Prayer** 

Welcome Address : N.SURYAPRAKASH II M.COM

**Secretary (PG Association)** 

Presidential Address: Dr.Capt.KR.JEYAKUMAR

Principal, APSA College, Tiruppattur.

Special Address : P.KUMAR

Zonal Co - Ordinator

Heartfulness Institute. Sivagangai District.

R.S.THAMAYANTHI

**Trainer** 

Heartfulness Institute, Karaikudi.

TOPIC "TRAINING FOR STRESS MANAGEMENT"

Felicitation : Thiru.R.MARIAPPAN

**Associate Professor & H.O.D of Commerce.** 

**APSA College, Tiruppattur.** 

Vote of Thanks : G.VASANTHAKUMAR III B.Com 'B'

**Secretary (UG Association)** 

National Anthem :

"WARM WELCOME TO ALL"



#### ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE TIRUPPATTUR. — 630 211. **COMMERCE ASSOCIATION (UG & PG) 2020 – 2021.**

**Patron** 

Thiru N. ARUMUGARAJAN M.A.,,

Secretary, APSA College

**President** 

Dr.Capt.KR.JEYAKUMAR, M.A. M.Phil., Ph.D.,

**Principal APSA College** 

H.O.D

Thiru.R.MARIAPPAN .M.COM ,M.Phil.,

Associate Professor & HOD of Commerce,

**APSA College.** 

VICE PRESIDENT

**Dr.S.AMUTHA** 

**Assistant prof.of commerce** 

**SECRETARY** 

N.SURYAPRAKASH II M.COM

G. VSANTHAKUMAR III B.Com 'B'

JOINT SECRETARY

K. DHINESH III B.Com 'A'

REPRESENTATIVES

C.ABIRAMI II M.COM

R.RAMACHANDRAN I M.COM

A.THENMOZHI I M.COM

K.ANEES FATHIMA III B.Com A

M. UMA III B.Com B

A.MOHAMED ROYS II B.Com A

S.ABINAYASRI II B.Com A

N.RUJUL II B.Com B

S.THAIYALNAYAKI II B.Com B

I B.Com A S.HARIHARAN

C.DHANUSRI I B.Com A

R.V. VENKATESH I B.Com B

K.SHALINI I B.Com B Date: 04-03-2021

The Department of Commerce cordially invites you for the

INAUGURAL FUNCTION of TRAINING FOR STRESS MANAGEMENT

TECHNIQUES to be held in Seminar Hall on Wednesday 04th March, 2021

at.10.30 am.

**AGENDA** 

**Prayer** 

Welcome Address N.SURYAPRAKASH II M.COM

**Secretary (PG Association)** 

Dr.Capt.KR.JEYAKUMAR **Presidential Address**:

Principal, APSA College, Tiruppattur.

**P.KUMAR Special Address** 

**Zonal Co – Ordinator** 

Heartfulness Institute. Sivagangai District.

**R.S.THAMAYANTHI** 

**Trainer** 

Heartfulness Institute, Karaikudi.

"TRAINING FOR STRESS MANAGEMENT" **TOPIC** 

Thiru.R.MARIAPPAN Felicitation

Associate Professor & H.O.D of Commerce.

APSA College, Tiruppattur.

**Vote of Thanks** : G.VASANTHAKUMAR III B.Com 'B'

**Secretary (UG Association)** 

**National Anthem** 

"WARM WELCOME TO ALL"

#### ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE

(Re-accredited with  $B^+$  Grade by NAAC) TIRUPPATTUR  $-630\ 211$ .

**COMMERCE ASSOCIATION [UG&PG] 2020 – 2021** 

Invited lecture

The Research Department of Commerce, organized a invited Lecture on "Training for Stress Management Techniques" on 4th March, 2021 at seminar hall. In welcome speech, N.Suriya Prakash II M.Com PG Association Secretary, expressed his word of gratitude to the guest of Mr.P.Kumar Zonal coordinator, Heartfulness Institute, Sivagangai, Mrs.RS.Thamayanthi, Trainer, Heartfulness Institute, Karaikudi and addressed students regarding the of the lecture. The presidential address content was given by Dr.Capt.KR.Jeyakumar Principal and his speech receives high regard from the audiences. The felicitation address was given by Mr.R.Mariappan, Associate Professor and H.O.D of commerce in attractive way.

The speaker Mr.P.Kumar, a Preceptor and life member of Heartfulness Institute delivered the enlighten lecture on Training for Stress Management Techniques. In his training he mentions that Heartfulness is an open and flexible approach to the Raja Yoga system of meditation called Sahaj Marg, founded at the turn of the 20th century and formalized into an organization in 1945. More than seventy years later Heartfulness has been adopted globally by

those who want a simple heart-based practice to enrich their lives. Groups across civil society, government, schools and colleges and the corporate world are integrating this method in their workplaces. Heartfulness Meditation programs are developed by the non-profit Heartfulness Institute. Heartfulness is practiced in 130 countries, supported by 7,000 certified volunteer trainers who serve over one million practitioners. This number continues to grow globally with hundreds of Heartfulness Centers worldwide. Heartfulness programs already have a corporate presence in fortune 500 companies worldwide, including LinkedIn, Facebook, Intel, Accenture, Lexis-Nexis, Reliance, Google, Qualcomm, IBM, GM, Oracle, Ericson, Cognizant, Infosys and TCS, as well as many educational institutions, government departments and the armed services. This practice is available through HEARTS APP. Heartfulness Meditation eradicates the stress effectively. Mrs.RS.Thamayanthi, Trainer, Heartfulness Institute, Karaikudi emphasized the relaxation techniques. It is useful to reconstruct our minds into dynamos of positive energy. The lecture was received with admiration by the students and they also found the slides appropriate. The event ended with honorarium to the guests and vote of thanks.

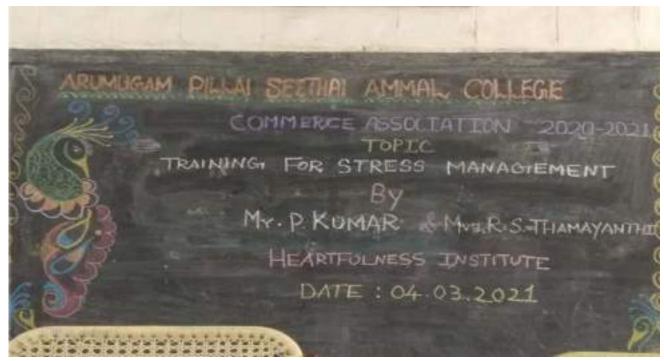


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SIVAGANGAI DIST



**Notice Board** 



The presidential address was given by Dr.Capt.KR.Jeyakumar Principal

The felicitation address was given by Mr.R.Mariappan, Associate Professor and H.O.D of commerce











The speaker Mr.P.Kumar, a Preceptor and life member of Heartfulness Institute delivered the enlighten lecture on Training for Stress Management Techniques



Mrs.RS.Thamayanthi, Trainer, Heartfulness Institute, Karaikudi emphasized the relaxation techniques



Vote of thanks



Students Participation



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#### ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE, TIRUPPATTUR

#### CAPABILITY ENHANCEMENT AND DEVELOPMENT SCHEMES

#### 2019-20

Programmes /activities conducted to enhance soft skills, Language and communication skills, and Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)

NAME OF THE CAPABILITY ENHANCCEMENT SCHEME	DATE OF IMPLEMENTATION	NUMBER OF STUDENT ENROLLED	AGENCIES INVOLVED
Speaking Effectively	27/01/2020	1	IIT Kharagpur
Soft Skill Development	27/01/2020	9	IIT Kharagpur
Interpersonal Skills	29/07/2019	10	IIT Roorkee

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## ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE, TIRUPPATTUR

#### **CAPABILITY ENHANCEMENT AND DEVELOPMENT SCHEMES**

#### 2018-19

Programmes /activities conducted to enhance soft skills, Language and communication skills, and Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)

NAME OF THE CAPABILITY	DATE OF IMPLEMENTATION	NUMBER OF STUDENT ENROLLED	AGENCIES INVOLVED
ENHANCCEMENT			
SCHEME			
EDUCATIONAL	6/8/2018	12	IIT Kharagpur
LEADERSHIP			
HUMAN BEHAVIOUR	28/1/2019	11	IIT Guwahati
STRESS MANAGEMENT	13/8/2018	15	IIT Kharagpur
ENGLISH LANGUAGE	1/7/2018	3	IIT Madras, IC & SR,
FOR COMPETITIVE			CHENNAI.
EXAMS			
DEVELOPING SOFT	27/8/2018	18	IIT Kanpur
SKILL AND			
PERSONALITY			
BETTER SPOKEN	1/1/2019	3	IIT Madras, IC & SR,
ENGLISH			CHENNAI.
EMPLOYMENT	25/2/2018	32	IIT Kharagpur
COMMUNICATION- A			
LAB BASED COURSE			



PRINCIPAL

\*UNUGAN PILA SEETNA ANNAL COLLEGE

TIRUPPATTUR-838 211

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